Confirmand’s First name Middle name SAINT NAME Last name

Date of Submission

First paragraph = one or two sentences: Simply copy this statement:

I am choosing to keep my baptismal name as my Confirmation name.

🡪If your baptismal name uses a creative spelling but is pronounced as a canonized saint, copy this statement into your first paragraph, too:

However, the spelling of my name will change to [insert standard spelling here].

Second paragraph = more than 5 sentences

Very short biography of the saint’s life: when born, where born, ordinary things the person did (how free time was spent, career or work the person did on a daily basis)

Also: How did this person make the ordinary holy? (THINK: if the person worked, how did work become a vocation? If the person did not work: how did everyday tasks and relationships display Christian love?)

Add any other details that you find interesting and inspiring

Third paragraph = more than 5 sentences

Why did you chose to keep your baptismal saint? What connection do you have with this particular saint? Why does this saint appeal to you? (THINK: Do you share a common challenge with this person – for example, a disease or disability, or a personality weakness like anger or greed that you want to change? What can you learn from this person to help you overcome the weakness and temptation?)

In what ways have you already started a relationship with your baptismal saint? (THINK: What have your parents, godparents, or maybe grandparents done since you were baptized to help you remember to interact with your saint? Do you have family traditions or habits related to this saint?)

How do you know there has been a continual growth in your faith because of your interaction with this particular saint? Tell a story, habit, or other proof of your growth.

What will your continued commitment to the Catholic faith look like for you? How do you expect this saint to help you on your journey? What characteristics from this saint do you want to apply to your life? What life lessons have you learned from this saint? (THINK: What will your daily prayer life look now? Because of your new knowledge about your saint, will your attitude toward serving others change? How will this saint help you develop a stronger, closer relationship with God that will be more real, loving, and trusting?)

No fourth or fifth paragraph is necessary. No concluding paragraph is necessary.